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THE **BIONUTRITION** AND METABOLIC EXERCISE CORE

The **Bionutrition** and Metabolic Exercise core at UC Irvine Institute for Clinical & Translational Science provides support to investigators requiring resources in the field of bionutrition and metabolism.

Support includes:

- Consultations in study designs and grant applications
- Utilization of metabolic equipment (DEXA scanners, indirect calorimeters, glucose analyzers and continuous monitors, anthropometric measurement devices, indirect measurements of endothelial function, exhaled breath analysis, blood gas content analysis)
- Preparation and administration of study diets
- Assessment of food intake (food diaries, three-day recalls)
- Analysis of ingested nutrients

For more information, please email [Dr. Pietro Galassetti](#).